

# The Wantage Times

September 27 , 2019

Please visit us on facebook @  
<https://www.facebook.com/swregional/>

## Principal's Message

### PTO Hosts Movie Night

Please join us as the  
Sussex-Wantage PTO  
Presents Meeting and a  
Movie Night!



October 1st, 2019  
SWPTO Meeting at SMS @ 7 pm

**Topic:** School Security and Safety

**Description:** Learn what the District is doing to keep your children safe. Come to the PTO meeting to learn what's happening with everyone's #1 goal, our children's safety.

**Speaker:** Christopher Gregory  
Trooper James Bambara

## October 7-11, 2019 Week of Respect



**October 7th-** Stomp OUT Bullying!  
Wear Blue

**October 8th-** "Everyone Counts"  
Wear clothing with numbers

**October 9th-** "School is a Safe Place to Be" Dare to be Different  
Wear mismatched clothing

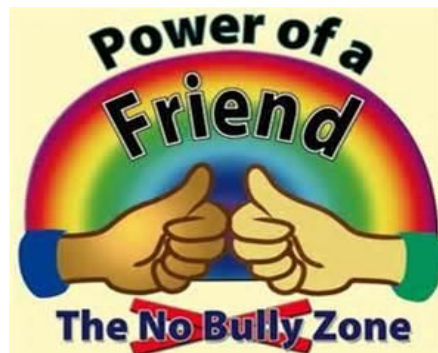
**October 10th-** "United We Stand for Respect"  
Wear Red, White & Blue

**October 11th-** "Hero Day"  
Wear clothing that represents a hero

*Please see below some information from the NJ Department of Health that you may find meaningful regarding E-Cigarettes/Vaping.*

The NJ Department of Health has indicated that, "Until the CDC/FDA determines the cause of 380 confirmed and probable cases of lung illness associated with the use of e-cigarettes in 36 states and the U.S. Virgin Islands, the CDC is recommending that people **not use e-cigarettes.**"

"E-cigarettes are electronic devices that produce an aerosol by heating a liquid that usually contains nicotine (the addictive drug in regular cigarettes, cigars, and other tobacco products), flavorings, and other chemicals to help make the aerosol. Users inhale this aerosol into their lungs. Bystanders can also breathe in this aerosol when the user exhales into the air. E-cigarettes come in many shapes and sizes."



## Dates to Remember

10/01/19- SWPTO Meeting at SMS @ 7 pm  
10/7-10/11- Week of Respect  
10/14- School Closed (Columbus Day)  
Professional Development for Faculty & Staff  
10/17- Family Math Night  
6:30 PM at WES  
10/21- SEPAG Meeting  
7:00 PM at CEL  
10/21-10/25- School Violence Awareness Week  
10/26- Drive One For Your School Fundraiser (9-2 PM at WES)  
10/28-11/1- Red Ribbon Week

### "Drive One For Your School Fundraiser" with Neilson Ford

October 26th from 9-2 @ WES

\$20 is donated to Wantage Elementary School for every Test Drive



### *TIPS from the TEAM*

*Parents we need your help to make our schools healthier!*

Children spend most of their day at school. So, it's important that they have healthy foods and drinks while they are here. Good nutrition also helps kids learn better in school.

A strong education program, along with a solid nutrition program, boosts the entire school-learning environment. Children in good physical condition bring more focus, stamina and creativity to the classroom. Good nutrition improves students test performance, reduces tardiness, absenteeism, Increases attention and improves behavior and emotional adjustments.

Providing a healthy school nutrition environment is one way to ensure children are encouraged to make healthy choices. A healthy lifestyle is the foundation to a successful future.

The messages children receive about nutrition should be clear, consistent and constant. Only then will they begin to internalize the information and make changes in their eating and activity. All who influence children's food choices, share this task of presenting these messages: parents educators, administrators, health care providers, the food industry, the media and politicians.

Children do not become proficient at playing the flute, solving math problems or scoring lacrosse goals without a great deal of practice; the same is true of good nutrition habits. Not only must we equip our children with the knowledge and skills, but also give them ample opportunity to practice those skills in the school setting. By establishing healthy habits early in life, students can dramatically reduce their risks for diseases and increase their chances for longer, more productive lives.

On Back to School Night teachers provided you with a list of nutritional snacks. Please review the list with your children to help them make healthy choices and together we can build a healthier community.

Mrs. Fisher-WES School Nurse  
*Health & Wellness Coordinator*





We are excited to announce that we now offer a new online payment system called PaySchools Central. PaySchools Central provides all parents in our district with an easy way to manage lunch and breakfast accounts. This can all be done in the convenience of your own home through an easy-to-use online portal:

[www.payschoolscentral.com](http://www.payschoolscentral.com)

You will need to register at the link above. Additional information can be found on our school website under the food service tab within the department section or in the parent portal.

If you need help along the way, please contact PaySchools

[pcs\\_help@payschool.com](mailto:pcs_help@payschool.com) or  
1-877-393-6628

### Fall Family Fun Nights

The Center for Prevention is sponsoring a Free & Fun Program for any family in Sussex County

Fall Sessions begin October 1, 2019 in Vernon at the Glen Meadow Middle School from 5:30-7:30 pm

Fun group activities for parents, children (5-11 years old) & teens (12-17 years old). Activities include constructing, building, and interactive play with balloons, marshmallows, bubbles, clay, eggs, and much more.

Space will be limited...Contact Natalie at 973-383-4787

## Family Math Night

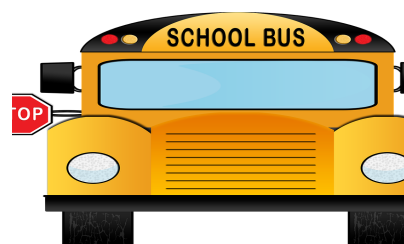


Thursday, Oct. 17th

6:30-7:30 PM

Wantage School Auditorium

RSVP by October 1st



### Drop Off & Pick Up

Please be advised that drop off is in the rear of the building and occurs between 8:15 a.m. and 8:45 a.m. Please exercise caution when dropping off your children. We respectfully request that children exit the vehicle on the passenger side closest to the building for safety.

For pick up, parents and guardians should park on the playground and walk to the doors nearest the fence. Pick up begins at 3:24 pm. Please have identification available when you pick up your child.

The parking area for pick up will be closed until 3:10 pm. We respectfully request that you do not arrive before then.

**If you pick up your child and your child stays to play, please move your vehicle off the playground parking lot so Aftercare and Afterschool programs can use the facilities safely.** We appreciate everyone's support with our procedures to ensure the safety of all of our students.

**Note: Please wait for the school bus to come to a complete stop with the red lights flashing prior to letting your children approach the bus.**



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